4th Annual Miami Day of Caring Program

8:00-8:50	Continental Breakfast and Opening Session — Morning Speaker: *Barnet Alpert, D.O.* Welcome – Debbie Curtin, Mickey Whiting, Audrey Carden, Donna Lundy, Eileen Mazis, Bobbi Meyers, Judy Zucker				
Time	Room 1	Room 2	Room 3	Room 4	Room 5
8:50 – 9:40	CyberKnife & Radiation Treatment Options *Maria-Amelia Rodrigues, M.D. & James Schwade, M.D.*	Stress and Cancer: Are You Worrying Yourself Sick? *Ron Durán, Ph.D.*	Chinese Secrets for Self Healing *Amy Sear, A.P., Dip. C.H.*	What's Happening with Hormonal Therapies *Orlando Silva, M.D., J.D.*	Exercise for Recovery, including Lymphedema *Tracey Herzog, M.S., Linda Wade, P.T.A.*
9:45 – 10:35	Intimacy and Breast Cancer *Jennifer Trumpken Pollack, M.D., P.A.*	Emotions and Fears: Coping with New Recurrent Breast Cancer *Marta Manrique-Reichard, Ph.D*	Understanding Your Hereditary Risk for Breast and Ovarian Cancer *Rae Wruble, R.N., M.B.A.*	New Medical Treatments for Breast Cancer *Sandra Franco, M.D.*	Guided Imagery and Meditation to Reduce Stress *Tammy Sifre, Ph.D.*
10:35 – 11:05	**Visit the Resource Center and the Silent Auction**				
11:05 – 11:55	Chemo Brain: Myth or Reality *Alejandra Perez, M.D.*	Reconstruction from a Patient's Perspective *Zubin Panthaki, M.D., Sharon Barlett, Linda Burrowes, Lesley Gonzalez & Katherine Schemel (survivors)*	Spirituality and Healing *Carlos Sandoval, M.D. & Lois Murray, M.Div.*	Markers & Scans — Why Not Me? *Grace Wang, M.D.*	Humor — Is Laughter the Best Medicine? *Sherry Miller, C.L.L.*
12:00 – 12:50	Young Survivors on a Mission of Awareness *Kathryn Becker, Geri Bell & Lilly Lorenzo-Luaces (survivors)*	How Patients & Care Givers Cope *Rose & Alan Jacobson, Ph.D. and Tania Ledesma & Mercedes Alfaro (survivors & care givers)*	What and How Should I Be Eating? *Monica Dawkins, M.S.*	Treating Recurrent Breast Cancer *Charles Vogel, M.D.*	Exercise for the Rest of Your Life *Tracey Herzog, M.S., Corey Becker, R.N. & Beth Sutton, M.S.*
1:00 -3:00	• Invocation — *Carlos Sandoval, M.D.* • Keynote Speaker — *Robert P. DerHagopian, M.D., F.A.C.S.*		• Luncheon & Fashion Show with *Mark Schumacher, WPLG, Channel 10* • Chance Drawing — at 3 different times		